

## PET/CT PATIENT PREP FORM

Patient Name: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

Appointment Date and Time: \_\_\_\_\_

Pregnant women and minor children accompanying you for this appointment should be aware that the department has radioactive material.

The appointment should take 2-2½ hours. Schedule your appointments accordingly.

### Patient Prep and Checklist:

- Drink plenty of water the date before and date of Scan.
- **Non-Diabetic Patients:** do not eat or drink anything other than water 6 hours prior to your appointment.
- **Diabetic Patients:** Do not eat or drink anything other than water 4 hours prior to your appointment.
- **Diabetic Patients:** Do not take any diabetic medications 4 hours prior to your appointment.
- No strenuous activity 48 hours prior to your appointment.
- The department is cold. Wear comfortable clothes, without metal snaps, hooks or zippers.
- Please bring any outside radiologic film, reports, lab work or pathology reports to your appointment.
- Remember to bring your ID and insurance information.
- Please be on time. Notify us 24 hours in advance if you cannot keep your appointment. This will allow us to cancel your prescribed injection for the PET scan.
- Consume a low carbohydrate diet 24 hours prior to your appointment.

Please feel free to contact Valley Radiology Consultants with any questions.

Thank you,  
Valley Radiology Consultants